

PRESS RELEASE

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“Art of Cuisine” Iron Chef Challenge

Local Chefs Compete for Top Spot at Historic Bluffton Arts and Seafood Festival

On Saturday, October 23 area chefs will create mouth watering seafood dishes as part of the Iron Chef Challenge during the sixth annual Historic Bluffton Arts & Seafood Festival. Each chef will be challenged to prepare one dish in one hour using two mystery seafood and two non-seafood ingredients provided by the festival committee.

“It’s pretty amazing to see what these chefs can prepare in such a short amount of time, outdoors, underneath a tent, says Sean Barth, Chairman of this year’s Iron Chef Challenge. “We should really appreciate the tremendous talent we have right here in the Low Country.”

The competition will be held in downtown Bluffton in “Neptune’s Galley” tent located at the Carson Cottages on Calhoun Street beginning at 11:00am. At 12:00 noon the dishes will be sampled by the judging panel and the winning dishes will be determined on the basis of taste and presentation.

In 2009 the winners were: First Place, John Soulia, Executive Chef Hampton Hall Community Clubhouse; 2nd Place, Chef Peggy Beck, The Joyful Palate Catering; 3rd Place, Chef Michael Cowan, The Boathouse II Restaurant
Honorable Mentions
Chef Jamie Glynn, Kingfisher Restaurant; Chef Curtis Epps, Riverside at Belfair Retirement Community; Chef Joseph Sullivan, Mulberry Street Trattoria.

The “Art of Cuisine” Iron Chef Challenge is part of a week long celebration of Bluffton’s unique history, cuisine, art and culture taking place October 17-24. Events showcase locally harvested seafood, Lowcountry cuisine, and area and regional artists. Also included is live music, a fishing tournament, children’s activities, fireworks and more. Festival organizers invite both locals and tourists to discover “Where Fine Art & the Bounty of the Sea Come Together.”

Historic Bluffton Arts & Seafood Festival

www.blufftonartsandseafoodfestival.com